

# Mickleover Primary School

		Meaty Main	Veggie Express	Carbs	Market Vegetables	Deli Special	Sandwiches	Yummy Puddings
<b>W1</b> 24th February 17th March 21st April 12th May	Mon	Big Breakfast	Veggie Big Breakfast	Hash Browns or Potato Waffles	Baked Beans or Spaghetti Hoops	Tuna Melt Wrap	Ham or Cheese Sandwich***	Pineapple Upside Down Cake
	Tue	Macaroni Cheese	Cheese Pizza	Diced Potatoes	Carrots and Sweetcorn	Breakfast Wrap (Veggie available) with Cheese and Beans	Ham or Cheese Sandwich***	Lemon Drizzle and Custard
	Wed	Toad in the Hole	Vegan Sausage Toad in the Hole	Mashed Potatoes	Broccoli and Carrots	Pasta with Tomato Sauce	Ham or Cheese Sandwich***	Greek Yoghurt with Strawberries
	Thu	Butter Chicken	Vegan Beef Tikka Masala	Rice and Naan Bread ***	Mixed Vegetables	Jacket Potato with Cheese and Beans or Spaghetti Hoops	Ham or Cheese Sandwich***	Flapjack
	Fri	Fishcake	Cheese Toasty ***	Chips	Baked Beans or Mushy Peas	Ham and Cheese Toasty***	Ham or Cheese Sandwich***	Chocolate Brownie
<b>W2</b> 3rd March 24th March 28th April 19th May	Mon	Chicken Bites with Chinese Curry Sauce	Vegan Bites with Sweet and Sour Sauce	Rice or Noodles in Soy Sauce	Broccoli and Sweetcorn	Jacket Potato with Tuna Mayo or Cheese and Beans	Ham or Cheese Sandwich***	Syrup Sponge with Custard
	Tue	Macaroni Cheese	Pasta with Tomato Sauce with or without Cheese	Garlic Bread **&****	Mixed Vegetables	Jacket Potato with Cheese and Beans	Ham or Cheese Sandwich***	Ice Cream Roll (Chocolate or Strawberry)
	Wed	Roast Chicken Breast with Gravy	Roast Vegan Fillet with Gravy	Roast Potatoes and Yorkshire Pudding	Broccoli or Cauliflower and Carrots	Pasta with Tomato Sauce with or without Cheese	Ham or Cheese Sandwich***	Coconut and Vanilla Sponge with Icing
	Thu	Beef Bolognese	Quorn Bolognese	Pasta and Garlic Bread **&****	Peas and Carrots	Cheese and Tomato Omelette	Ham or Cheese Sandwich***	Greek Yoghurt with Shortbread Biscuit
	Fri	Battered Fish with Tartare or Curry Sauce	Cheese and Bean Quesadilla ***	Chips	Baked Beans or Peas	Pulled Pork Wrap	Ham or Cheese Sandwich***	Ring Donuts **&****
<b>W3</b> 10th March 31st March 5th May	Mon	Pork Meatballs with Tomato Sauce	Vegan Meatballs with Tomato Sauce	Pasta	Peas and Carrots	Tuna Pasta Salad	Ham or Cheese Sandwich***	Sweet and Salty Popcorn with Milkshake
	Tue	Macaroni Cheese	French Stick Pizza **	Garlic Bread **&***	Carrots and Sweetcorn	Egg Mayo Baguette ***	Ham or Cheese Sandwich***	Cornflake Tart with Custard
	Wed	Braised Beef with Gravy	Vegan Fillet with Gravy	Mashed Potato and Yorkshire Pudding	Broccoli and Carrots	Pasta with Tomato Sauce with or without Cheese	Ham or Cheese Sandwich***	Devon Split
	Thu	Mild Chilli Beef Tacos with or without Cheese	Mild Quorn Tacos with or without Cheese	Rice	Peas and Sweetcorn	Jacket Potato with Tuna Mayo or Cheese and Beans	Ham or Cheese Sandwich***	Fresh Fruit Salad with or without Greek Yoghurt
	Fri	Fish Fingers with Tartare or Curry Sauce	Vegan Sausage Roll	Chips	Baked Beans or Peas	Sausage Roll	Ham or Cheese Sandwich***	Jelly



Did you know, here at Mickleover we have **Home Baked Breads, Salad Bar, Fresh Fruit** and chilled drinks are also available daily.

We're committed to using a minimum of 5% **organic produce!**

Oh and all of the tasty fish has been caught sustainably and approved by the MSC.

Menu may be subject to change without prior notice

Fresh fruit and vegetables are subject to seasonal variation



Don't forget about our **Themed Menu**



